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To: PCPs & OB/GYNs
From: IEHP – Provider Relations
Date: August 20, 2026
Subject: **Women Aged 40-49 Are Now Part of the Breast Cancer Screening Measure**

This is a reminder that **women aged 40–49 are now included in the Breast Cancer Screening measure.**

This update aligns with the final recommendation from the United States Preventive Services Task Force (USPSTF), issued in April 2024. The Task Force now advises that all women begin biennial breast cancer screenings starting at age 40. This marks a change from the previous guidance, which suggested screenings for women aged 40 to 50 should be based on individual discussions with their clinician. Now, all women are encouraged to start screening at age 40.

Call to Action

- **Identify Eligible Patients:** Women aged 40–49 should now be considered for routine screening, along with those ages 50–74.
- **Review your Provider Portal Reports:** Check for patients listed in the Breast Cancer Screening (BCS) care gap list for women ages 40–49 and ensure appropriate outreach and screening opportunities are provided.
 - Provider Portal > Reports > Preventive Care *or* P4P
- **Educate Patients:** Discuss the benefits, risks, and screening frequency through age-inclusive counseling.
- **Follow Screening Guidelines:** Adhere to current USPSTF recommendations for screening modalities - biennial mammography, which may increase to annual based on individual risk factors.
- **Documentation and Claims:** Ensure that mammogram services are accurately coded and included in member preventive care records to support performance evaluation. Confirm that mammogram claims are submitted within standard reporting windows for accurate measurement.

For more information about provider incentives for breast cancer screening, please review our *Pay for Performance Programs Guide* by visiting:

www.providerservices.iehp.org > Programs & Services > Provider Incentive Programs > Pay for Performance.

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email ProviderServices@iehp.org

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